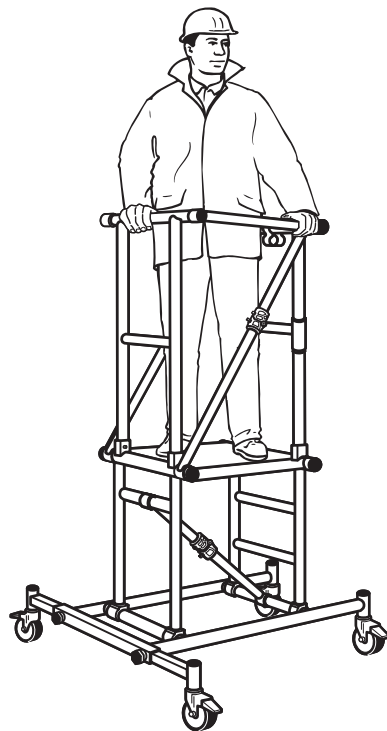


YOUNGMAN

INNOVATIVE WORK AT HEIGHT SOLUTIONS

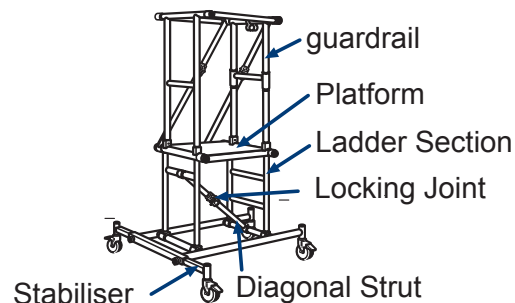


Minit

Mobile One Man Work Station

USER GUIDE

Safety First.



IMPORTANT: Never use the work station until you have fully read and understood this User Guide and the work station has been properly set up using the information it contains.

Safety Checklist

Is the workstation in good condition
(see Equipment Care & Inspection sections)

The total load (1 person plus tools & materials)
should not be more than 150kg

The 4 castors are pointing outwards and the
wheel brakes are locked

The guardrail is up and both diagonals are
locked

The work station is on flat, level, dry and firm
ground

The work station is correctly positioned to
avoid over reaching

The platform is at the correct height and the
diagonal strut is locked

The stabilisers are fully extended and the
stabiliser locking handles are tight

The lower guardrail is lowered, once you are
on the platform

Equipment care

- Every time, before you use the work station, carry out the 6-point inspection detailed in the following section.
- Never use the work station if any part is damaged or shows signs of excessive wear.
- Only use this piece of equipment for its intended purpose, as a work station.
- Store the work station somewhere clean, dry and safe. The work station may be stored in the raised or lowered position.
- Keep the work station clean, especially the plywood platform and the treads of the ladder section. This is easier if you clean it regularly.
- Do not use excessive force to operate the work station mechanisms.

6 Point inspection procedure

- 1** Check all 4 castors are secure and the fixing bolts are tightened correctly. ☐
- 2** Check all 4 wheel brakes operate and lock the wheel and the castor rotation. ☐
- 3** Check the tubes and aluminium components of the workstation. There should not be any cracks or excessive dents or distortion. ☐
- 4** Check there is free movement of all the hinge points of the work station. ☐
- 5** Check the plywood platform. There should not be excessive contamination, cracking, holes or damage including any missing or damaged rivet fixings. ☐
- 6** Check the following work station locking mechanisms are operating and locking correctly: The guardrail diagonal centre locks, and the diagonal strut locking joint. ☐

Safety First

Every Time You Use The Workstation;

- 1 ALWAYS** carry out a Risk Assessment for each job before you start work, to ensure the work station is the appropriate method of access
- 2 ALWAYS** check the workstation safety check list and follow the instructions in this User Guide and the labels on the work station. There is a serious risk of injury if you do not follow all the instructions.
- 3 ALWAYS** check the work station for damage before you use it, and complete an inspection report if necessary.
- 4 ALWAYS** make sure that you use the work station on firm and level ground.
- 5 ALWAYS** try to position the front of the work station towards the work for maximum stability.
- 6 ALWAYS** wear appropriate protective equipment and work-wear including foot wear with a flat firm sole and a good grip
- 7 ALWAYS** take safety measures when working close to doorways, openings and other traffic paths, to prevent accidental collisions but never block an emergency exit, fire-path or other escape route.
- 8 ALWAYS** secure the work station to prevent unauthorised use.

When Using The Workstation;

- 1 NEVER** use this work station until you are sure you are competent in its use and physically able.
- 2 NEVER** overload the work station. The work stations maximum safe working load is 150kg. This includes any tools or materials.

Safety First

- 3 NEVER** allow more than one person onto the work station, at the same time.
- 4 NEVER** use the work station if any part is damaged or shows signs of excessive wear.
- 5 NEVER** move the workstation when a person is standing on it.
- 6 NEVER** over-reach or lean too far over the side of the work station.
- 7 NEVER** carry out jobs that require excessive sideways force. Forces should never exceed 10kg when working with the side of the work station towards the work. Excessive sideways forces may cause the work station to overturn or the wheels to slip.
- 8 NEVER** lean anything against the work station e.g. ladders, steps or materials.
- 9 NEVER** climb up outside of the guardrail.
- 10 NEVER** stand the work station on soft, loose, slippery, sloping or uneven ground.
- 11 NEVER** use the work station outside in adverse weather conditions e.g. strong winds, heavy rain.
- 12 NEVER** stand on the guardrails, boxes, stepladders or other objects on the platform, to gain additional working height.
- 13 NEVER** use the work station near power lines or other live electrical equipment.
- 14 NEVER** suspend the work station from another structure.
- 15 NEVER** use the work station as a method of gaining access to another structure or level.
- 16 NEVER** use the work station if you are feeling unwell or you have taken any alcohol, medication or other substance that may affect your ability to work safely.

Setting up

Castors

If castors are not already fitted, insert them into the underside of the frame and tighten the fixing bolt using a 19mm AF spanner. The bolt must be tightened to a torque of 40Nm.



Moving and positioning the WorkStation

When moving and positioning the work station, ensure all 4 wheel brakes are unlocked. It is normally easier to wheel the work station around if you raise the guardrail. The workstation weighs 25kg so you may need help if you need to lift it (e.g. in and out of a vehicle)



IMPORTANT: Never move and position the work station when anyone is standing on the platform. Remove any tools or materials from the platform before moving the work station.

Position the front of the work station towards the work, whenever possible, for maximum stability.

Raising the guardrail

1 Raise the guardrail by lifting the top rail where indicated LIFT HERE.

2 Check that centre catches on both guardrail frame diagonal braces have locked as shown.



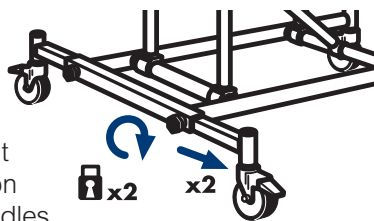
IMPORTANT: Never use the work station while the platform is in the lowered position.

Setting Up

Setting the stabilisers

1 Release the stabiliser locking handles on both sides of the workstation

2 Slide the stabilisers out to the fully extended position and tighten the locking handles



IMPORTANT: Never climb on to the workstation without fully extending the stabilisers and tightening the locking handles

Raising and lowering the platform

When the work station has been positioned, and the stabilisers extended, the platform height may be adjusted to the working position.

Platform Height (m)	Safe Working Height
1.0 m	2.5 m

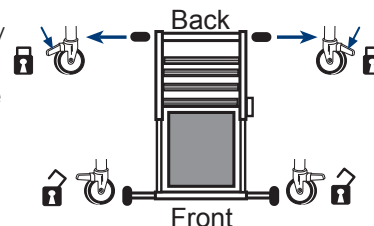
The Safe Working Height is based on an approximate shoulder height of 1.5m above the platform. It is possible to work above this e.g. overhead when working on ceilings, but you should never over-reach or stand on the guardrails, or anything placed on the platform, to gain extra height.

IMPORTANT: Never attempt to adjust the height of the work station when anyone is standing on it. Remove any tools or materials from the platform before adjusting the workstation height.

Setting Up

To adjust the height of the platform:

1 If you have not already raised and locked the guardrail and extended the stabilisers (as described in the previous sections) do it now.



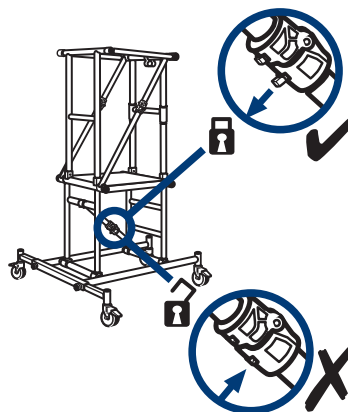
2 Lock the wheel brakes of all 4 castors with wheels pointing outwards as shown in the diagram below.

IMPORTANT: Never climb on to the workstation without locking all 4 wheel brakes with the wheels pointing outwards.

3 Place foot on base frame and raise the base assembly by lifting the platform rail where indicated LIFT HERE.



4 **IMPORTANT:** Ensure the diagonal strut locks into position, and the release trigger of the locking joint is fully engaged.



Setting Up

Climbing on and off the platform

1 Slide the lower guardrail upwards and clip it in the open position.



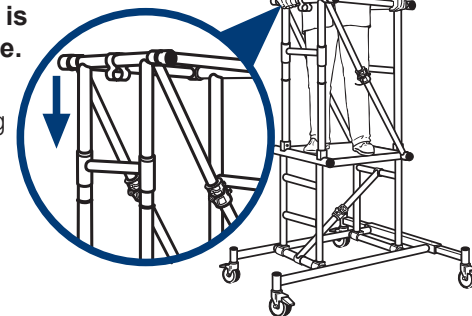
2 Carefully climb up the ladder section of the work station and onto the platform.



3 Slide the lower guardrail downwards until it comes to rest on the stop rings.

The work station is now ready for use.

4 When climbing off the platform, slide the lower guardrail upwards and clip it in the open position.

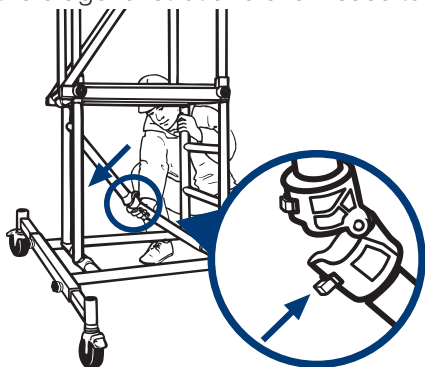


5 **IMPORTANT:** Facing the platform, climb down the ladder section. Never work when standing on the ladder section of the work station.

Setting Up

Packing up the Work Station

- 1** The procedure for packing up the workstation is the reverse of setting up, as described below.
- 2** While supporting the base assembly, press the release trigger on the diagonal strut and allow base to drop.



IMPORTANT: Do not let go of the platform and let it drop down under its own weight as this could cause damage to the work station. Hold onto the unit where labelled LIFT HERE and lower it with care.

- 3** Release the stabiliser locking handles and push the stabilisers inwards to the closed position. Re-tighten the locking handles

- 4** Release the wheel brakes on the rear wheels.

- 5** It is normally easier to wheel the work station around with the guardrail raised.

- 6** When you are ready to fold up the guardrail, unlock the centre catches on both guardrail diagonals and then holding it at the LIFT HERE position, lower the guardrail to the folded position.

YOUNGMAN
INNOVATIVE **WORK AT HEIGHT** SOLUTIONS

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